





November 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>10/31/2022</p> <p>Southwest Chicken Wrap WG Tortilla 2 oz, Seasoned Chicken Strips 2 oz</p> <p>Green Bell Pepper Strips - 3/4 c Pineapple Cup -1/2 c</p> <p>Condiments Smuckers Jelly</p>	<p>11/1/2022</p> <p>Yogurt & Granola Pack Yogurt Cup 1 oz, String Cheese 1 oz, Granola 1 oz</p> <p>Broccoli - 3/4 c Applesauce Cup- 1/2 c WG Veggie Crackers 1 oz</p> <p>Condiments Ranch Dressing</p>	<p>11/2/2022</p> <p>Egg Chef Salad Chopped Romaine 1/2 c, Hard Boiled Egg/Shredded Cheese 2 oz</p> <p>Lemony Chickpeas - 3/4 c Pear -1/2 c WG Veggie Crackers 2 oz</p> <p>Condiments Ranch Dressing</p>	<p>11/3/2022</p> <p>Turkey & Cheese Sandwich WG Sandwich Bread 2 oz, Deli Turkey & Yellow American Cheese 2 oz</p> <p>Corn - 3/4 c Orange -1/2 c</p> <p>Condiments Mayo Mustard</p>	
<p>11/7/2022</p> <p>Wowbutter & Jelly Sandwich Kit Wowbutter 2 oz, WG Sandwich Bread 2 oz</p> <p>Celery -3/4 c Apple -1/2 c</p> <p>Condiments Smuckers Jelly Ranch Dressing</p>	<p>11/8/2022</p> <p>No School</p>	<p>11/9/2022</p> <p>Bagel Day WG Bagel 2 oz, String Cheese 1 oz, Yogurt Cup 1 oz</p> <p>Baby Carrots -3/4 c Applesauce Cup- 1/2 c</p> <p>Condiments Cream Cheese Jelly</p>	<p>11/10/2022</p> <p>Buffalo Chicken Salad Chopped Romaine 1/2 c, Buffalo Diced Chicken 2 oz</p> <p>Marinated Black Beans - 3/4 c Pineapple Cup -1/2 c</p> <p>Condiments Ranch Dressing</p>	<p>11/11/2022</p> <p>Turkey Ham & Cheddar on Bun Turkey Ham & Cheddar Cheese 2 oz, WG Burger Bun 2 oz</p> <p>Jicama - 3/4 c Orange -1/2 c</p> <p>Condiments Mayo Mustard</p>
<p>11/14/2022</p> <p>Yogurt & Granola Yogurt 1 oz, Sunflower Seeds 1 oz, Granola 1 oz, WG Graham Crackers 1 oz</p> <p>Jicama -3/4 c Apple -1/2 c</p> <p>Condiments</p>	<p>11/15/2022</p> <p>Jerk Chicken Wrap Diced Jerk Chicken 2 oz, WG Tortilla 2 oz</p> <p>Cucumber Slices -3/4 c Pineapple Cup- 1/2 c</p> <p>Condiments</p>	<p>11/16/2022</p> <p>Cheese Pizza Cheese 2 oz, WG Crust 2 oz</p> <p>Broccoli - 3/4 c Applesauce Cup -1/2 c</p> <p>Condiments Ranch Dressing</p>	<p>11/17/2022</p> <p>Turkey Ham & Cheese Croissant Turkey Ham & White American 2 oz, WG Croissant 2 oz</p> <p>Red Bell Pepper Strips -3/4 c Red Pear -1/2 c</p> <p>Condiments</p>	<p>11/18/2022</p> <p>Chicken Chef Salad Chopped Romaine 1/2 c, Diced Chicken 2 oz</p> <p>Lemony Chickpeas - 3/4 c Fresh Orange - 1/2 c</p> <p>Condiments Ranch Dressing</p>
<p>11/21/2022</p> <p>Wowbutter & Jelly Sandwich Kit Wowbutter 2 oz, WG Sandwich Bread 2 oz</p> <p>Cherry Tomatoes - 3/4 cup Applesauce Cup- 1/2 c</p> <p>Condiments Smuckers Jelly Ranch Dressing</p>	<p>11/22/2022</p> <p>No School</p>	<p>11/23/2022</p> <p>No School</p>	<p>11/24/2022</p> <p></p>	<p>11/25/2022</p> <p>No School</p>
<p>11/28/2022</p> <p>Protein Kit String Cheese 1 oz, Yogurt Cup 1 oz, Granola 1 oz</p> <p>Baby Carrots -3/4 c Pineapple Cup -1/2 c WG Veggie Crackers 1 oz</p> <p>Condiments Ranch Dressing</p>	<p>11/29/2022</p> <p>Chicken Caesar Wrap WG Tortilla 2 oz, Diced Chicken/Cheese 2 oz</p> <p>Corn -3/4 c Applesauce Cup-1/2 c</p> <p>Condiments Caesar Dressing Packet</p>	<p>11/30/2022</p> <p>Pasta Salad w/ Veggies WG Noodles 2 oz, Shredded Cheese 2 oz, Tossed w/ mixed Veggies</p> <p>Broccoli -3/4 c Apple -1/2 c</p> <p>Condiments Ranch Dressing</p>	<p>12/1/2022</p>	<p>12/2/2022</p> <p></p>